

FALL 2008 MARATHON DYNAMICS "BEST 100" PERFORMANCES

#	LAST NAME	FIRST NAME	EVENT	TIME	#	LAST NAME	FIRST NAME	EVENT	TIME
1	Arce	Gus	Toronto Marathon	3:12	51	Loponen	Erik	Toronto Marathon	3:09
2	Berg	Deborah	Waterfront Marathon	4:02	52	Malek	Lawrence	Hamilton Half	1:32
3	Berman	Deborah	Waterfront Marathon	4:05	53	Mather	Emily	Toronto Half	1:38
4	Bernknopf	Jeff	Waterfront Half	1:42	54	McCallum	Susan	Toronto Marathon	3:54
5	Bevilacqua	Pina	Toronto Half	2:03	55	Medellin	Jose	Waterfront Marathon	3:29
6	Bortolin	Rosemary	Waterfront Half	1:50	56	Megias	Catherine	NYC Marathon	3:48
7	Bowker	Vanessa	Chicago Marathon	3:46	57	Melvin	Sherab	NYC Marathon	3:44
8	Bridgman	Julie	Columbus Marathon	3:25	58	Menzel	Margaret	Toronto Half	1:36
9	Caranfa	Fernanda	Niagara Falls Half	2:02	59	Menzies	James	Hamilton Marathon	3:14
10	Clark	Michelle	NYC Marathon	3:12	60	Mirandola	Sal	Hamilton 10K	42min
11	Clearihue	Judy	NYC Marathon	4:23	61	Monahan	Paul	Toronto Half	1:40
12	Collier	Deborah	Waterfront Half	2:02	62	Morris	Vanessa	PEC Marathon	3:05
13	Connelly	Cynthia	Angus Glen Half	2:40	63	Moscoe	Ken	Waterfront Marathon	3:37
14	Cottle	Cheryl	Toronto Marathon	4:30	64	Nardai	James	MidSummer Night 30K	3:15
15	Dion	Erica	Hamilton Marathon	3:37	65	O'Krafka	Jeremy	Waterfront Half	1:36
16	Fogh	Morten	Waterfront Marathon	3:22	66	Orlando	Meredith	NYC Marathon	3:53
17	Foote	Harvey	Hamilton Half	1:32	67	Osaka	Lindsay	Toronto Half	1:47
18	Gahan	Brian	PEC Marathon	3:38	68	Peesker	Karen	Angus Glen Half	1:54
19	Gallagher	Neil	Toronto Marathon	3:26	69	Pitek	Teresa	Ironman Florida	11:57
20	Garrell	Les	MidSummer Night 30K	2:39	70	Ponsen	Andrew	Hamilton Half	1:32
21	Ghobrial	Fred	Toronto Half	1:51	71	Poonai	Aarti	Angus Glen Half	2:00
22	Gilas	Tom	NYC Marathon	5:11	72	Prichard	Shannon	Hamilton Half	1:32
23	Glazer	Stephen	Hamilton Half	1:34	73	Rava	Riina	Toronto Half	2:12
24	Graham	Anne	Hamilton Half	1:47	74	Runnalls	Cathy	Corning Marathon	4:51
25	Grange	Julie	Angus Glen Half	1:41	75	Rutledge	Julia	Niagara Falls Half	1:50
26	Griffith-Jones	Pamela	Toronto Half	1:47	76	Sachs	Richard	Toronto Marathon	3:32
27	Griffiths	Len	Toronto Half	1:28	77	Sager	Cynthia	Nissan 10 Miler	1:31
28	Grossman	Ira	Toronto Half	1:30	78	Scholtz	Julia	Angus Glen Half	1:47
29	Guarino	Susan	Angus Glen Half	1:47	79	Shay-Beder	Karin	Toronto Half	2:05
30	Gunther	Ann	Chicago Marathon	4:33	80	Simonot	Nancy	Hamilton Half	1:51
31	Hanson	Liz	Angus Glen Half	1:45	81	Simpson	Heather	Toronto Marathon	3:58
32	Harrington	Katherine	MidSummer Night 30K	3:14	82	Simpson	Julia	Toronto Marathon	4:48
33	Hauth	Susan	Angus Glen Half	1:49	83	Smith	Darrell	Waterfront Marathon	3:37
34	Hawn	Marilyn	NYC Marathon	4:21	84	Smith	Kelly	NYC Marathon	3:42
35	Hezky	Jodi	NYC Marathon	3:44	85	Smith	Sherry	Zoo Run 10K	47min
36	Howell	Peter	NYC Marathon	4:35	86	Snider	Judy	NYC Marathon	3:48
37	Jakubowski	Marilyn	San Antonio Half	2:02	87	Snider	David	Marine Corps Mara	4:19
38	Kajiwara	Yasu	Toronto Half	1:34	88	St. John	Richard	Toronto Half	1:42
39	Ker	Gerry	Victoria Marathon	3:58	89	Starkman	Joe	Waterfront Marathon	3:22
40	Kim	Deidre	Toronto Marathon	3:52	90	Tammer	Aida	Hamilton Half	2:06
41	Klein	Lois	Toronto Half	1:58	91	Tkachev	Sergei	Reykjavik Marathon	3:17
42	Kociolek	Maryann	Toronto Marathon	4:00	92	Tylman	Suzie	Toronto Half	1:58
43	Kopman	Jonathan	Toronto Marathon	3:31	93	Van Klaveren	David	Waterfront Marathon	3:29
44	Kopplin	Jennifer	Hamilton Half	1:42	94	Varro	MJ	Toronto Half	1:47
45	Kwan	Cathy	Marine Corps Mara	3:50	95	Walker	Greg	Toronto Marathon	3:28
46	Lamanna	Pat	Chicago Marathon	4:07	96	Ward	Andrea	Zoo Run 10K	46+min
47	Lee	Wendy	3 X-C age cat. Silver medals		97	Wilson	Darla	Waterfront Marathon	4:05
48	Lemieux	Conrad	Detroit Marathon	3:51	98	Wilson	Yuklin	Hamilton Marathon	4:01
49	Lesnowski	Suzanne	Waterfront Half	1:27	99	Wright	Rob	Ironman Florida	11:55
50	Lindner	Karen	Toronto Marathon	3:48	100	Zurakowsky	Annie	Niagara Marathon	4:58